



CHADD Parent and Adult Support Groups

FOR PARENTS OF CHILDREN WITH AD/HD

Ashburn

Support meetings for parents of children with AD/HD are held every 4th Monday of the month (except December) at 7:30pm at the Office of Ashburn Psychological Services, 44110 Ashburn Shopping Plaza, Suite 251, Ashburn, VA. 20147 For more info contact Lisa Kincaid at HNHCoaching@cs.com or visit www.novachadd.org. Free and open to the public. Please e-mail if new to group.

Warrenton (Fauquier County)

Support meetings for parents of children with AD/HD are held every 3rd Tuesday of the month at 10:00 am & 7:00 pm in the Parent Resource Center at Warrenton Middle School located at 244 Waterloo St, Warrenton, VA 22192. For more info contact Laura Lyster-Mensch Laura@LMwriter.com (540 349 0311) <http://groups.google.com/group/fauquier-chadd> or visit www.novachadd.org.

Annandale/Springfield

Support meetings for parents of children with AD/HD are held every 4th Wednesday of the month at 7:00pm at St. John's Methodist Church located at 5312 Backlick Road, Springfield, VA. For more info email or Michele Albright-Lucero at malbrluc@yahoo.com or visit www.novachadd.org. Free and open to the public. Please e-mail if new to group.

Falls Church/McLean

Support meetings for parents of children with AD/HD are held every 3rd Tuesday of the month at 7:45pm at the offices of Annette Spector, 115 Rowell Court, Suite 2, Falls Church, VA. For more info contact Annette Spector, MS.Ed at spector@der-online.com (703/534-5180) or visit www.novachadd.org. Free and open to the public.

FOR ADULTS WITH AD/HD

Springfield

Support meetings for adults with AD/HD are held every 2nd Wednesday of the month at 7:15pm at Richard Byrd Library located at 7250 Commerce St, Springfield, VA. For more info contact Denise Gallagher, CPCC at (703/549-9083), denisecoach@comcast.net Ingrid Melenbacker at ingridmelenbacker@yahoo.com or Richard Byrd Library (703/451-8055) or visit www.novachadd.org. Free and open to the public.

NON-AD/HD SPOUSE/PARTNER SUPPORT

McLean/Falls Church

Support meetings for the spouses and partners of adults with AD/HD are held every 2nd Tuesday of the month at 7:45pm at the offices of Annette Spector, 115 Rowell Court, Suite 2, Falls Church, VA. For more info contact Annette Spector, MS.Ed at spector@der-online.com (703/534-5180) or visit www.novachadd.org. Free and open to the public.